



NEWS RELEASE

For Immediate Release

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There's fun for the whole family at Muddy Trails Bash, set for April 2, 2011

THE WOODLANDS, TEXAS (March 28, 2011) – Don't miss the Muddy Trails Bash—five great family events in one—on Saturday, April 2, 2011, from 3 to 8 p.m., at Rob Fleming Park. There are now four running events at the Bash: the Muddy Trails 5K and 10K races, both of which are USA Track and Field certified and chip-timed, the Little Muddy Kids Race, a non-competitive event designed to promote fun and fitness for kids ages 5 to 12, and new this year, the Muddy Trails 5K-9 Fun Run, a non-competitive event that allows participants to run with their dogs. All four courses wind through the beautiful George Mitchell Nature Preserve, located on 1,800 wooded acres adjacent to Rob Fleming Park.

In conjunction with the Muddy Trails races, the Muddy Bowl cook-off is scheduled to run from 3 to 8 p.m. at Rob Fleming Park. Taste samplings of the cook-off teams' entries and vote for your favorite! Enjoy live zydeco music by Big Red and the Zydeco Playmakers and take part in crafts, games and activities for the whole family. Admission to Muddy Trails Bash for spectators and visitors is free.

Feed the whole family at the Muddy Bowl crawfish boil! Plates include crawfish, potatoes and corn. Tickets are only \$5 per person. All Muddy Trails race participants receive one complimentary food ticket. Additional concessions will be available for purchase.

Registration is still open for all four races. Register in person through April 1, 2011, at Luke's Locker, 9595 Six Pines Drive, Suite 1060. Race day registration will be held at Rob Fleming Park from 2 to 3:30 p.m.

For more information about the Muddy Trails Bash, please call 281-210-3900.

For information on The Woodlands Township government, please call 281-210-3800 or visit www.thewoodlandstownship-tx.gov.

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